



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Fundamentals : Unit 1 Introduction to PE : Unit 1	Fundamentals : Unit 2 Introduction to PE : Unit 2	Ball Skills : Unit 1 Dance : Unit 1	Gymnastics : Unit 1 Games : Unit 1	Ball Skills : Unit 2 Gymnastics : Unit 2	Dance : Unit 2 Games : Unit 2
Reception	Fundamentals : Unit 1 Introduction to PE : Unit 1	Introduction to PE : Unit 2 Fundamentals : Unit 2	Ball Skills : Unit 1 Dance : Unit 1	Gymnastics : Unit 1 Games : Unit 1	Ball Skills : Unit 2 Gymnastics : Unit 2	Dance : Unit 2 Games : Unit 2
Year 1	Fundamentals Target Games	Yoga Invasion Games	Dance Football	Gymnastics Team Building	Fitness Net and Wall Games	Athletics Striking and Fielding Games
Year 2	Yoga Invasion Games	Fundamentals Target Games	Team Building Gymnastics	Dance Football	Fitness Striking and Fielding Games	Athletics Net and Wall Games
Year 3	Ball Skills Y3/4 Rounders	Fundamentals Y3/4 Dodgeball	Basketball Dance	Football Drumba Yoga	Tennis Hockey	Athletics Cricket
Year 4	Fundamentals Y3/4 Rugby	Fitness Dodgeball	Cricket Football	Gymnastics Netball	Yoga Rounders	Athletics Tennis
Year 5	Football Badminton Y5/6	Hockey Gymnastics	Dance Fitness	Rugby Dodgeball	Cricket Yoga	Athletics Tennis
Year 6	Dodgeball Football	Hockey Badminton Y5/6	Gymnastics Rugby	Tennis Netball	Athletics Cricket Swimming	Swimming Athletics Cricket