



# My Curriculum Map

2025/2026

|           | TERM 1                                               |                                                      | TERM 2                                 |                                       | TERM 3                                      |                                          |
|-----------|------------------------------------------------------|------------------------------------------------------|----------------------------------------|---------------------------------------|---------------------------------------------|------------------------------------------|
| Nursery   | Fundamentals : Unit 1<br>Introduction to PE : Unit 1 | Fundamentals : Unit 2<br>Introduction to PE : Unit 2 | Ball Skills : Unit 1<br>Dance : Unit 1 | Gymnastics : Unit 1<br>Games : Unit 1 | Ball Skills : Unit 2<br>Gymnastics : Unit 2 | Dance : Unit 2<br>Games : Unit 2         |
| Reception | Fundamentals : Unit 1<br>Introduction to PE : Unit 1 | Introduction to PE : Unit 2<br>Fundamentals : Unit 2 | Ball Skills : Unit 1<br>Dance : Unit 1 | Gymnastics : Unit 1<br>Games : Unit 1 | Ball Skills : Unit 2<br>Gymnastics : Unit 2 | Dance : Unit 2<br>Games : Unit 2         |
| Year 1    | Fundamentals<br>Target Games                         | Yoga<br>Invasion Games                               | Dance<br>Ball Skills                   | Gymnastics<br>Team Building           | Fitness<br>Net and Wall Games               | Athletics<br>Striking and Fielding Games |
| Year 2    | Yoga<br>Invasion Games                               | Fundamentals<br>Target Games                         | Team Building<br>Gymnastics            | Dance<br>Ball Skills                  | Fitness<br>Striking and Fielding Games      | Athletics<br>Net and Wall Games          |
| Year 3    | Ball Skills Y3/4<br>Rounders                         | Fundamentals Y3/4<br>Dodgeball                       | Basketball<br>Dance                    | Football<br>Drumba<br>Yoga            | Tennis<br>Hockey                            | Athletics<br>Cricket                     |
| Year 4    | Fundamentals Y3/4<br>Rugby                           | Fitness<br>Dodgeball                                 | Cricket<br>Football                    | Gymnastics<br>Netball                 | Yoga<br>Rounders                            | Athletics<br>Tennis                      |
| Year 5    | Football<br>Badminton Y5/6                           | Hockey<br>Gymnastics                                 | Dance<br>Fitness                       | Rugby<br>Dodgeball                    | Cricket<br>Yoga                             | Athletics<br>Tennis                      |
| Year 6    | Dodgeball<br>Football                                | Hockey<br>Badminton Y5/6                             | Gymnastics<br>Rugby                    | Tennis<br>Netball                     | Athletics<br>Cricket<br>Swimming            | Swimming<br>Athletics<br>Cricket         |